

Welcome to Your May Month in a Minute

The sun is shining, and the weather is finally on our side! Let's chat about all the incredible indoor and outdoor events happening in Arvada this month. Plus, get ready because our highly-anticipated Summer Guide is almost here! Don't miss out on all the fun.

Fair Warning: This Month-in-a-Minute is packed from May the 4th through Mother's Day to Memorial Day, so it might take more than just a minute!



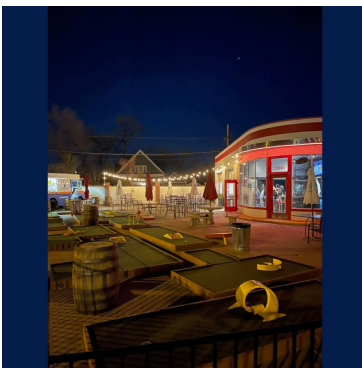
Kentucky Derby Parties

May 4

It's the one day of the year when everyone is a horse racing fan. Luckily, there are at least two places to watch the race! Stop by [School House Kitchen and Libations](#) or [Bluegrass Coffee and Bourbon Lounge](#) for drinks, food and more!

School
House

Bluegrass



The TRN Anniversary Party

May 4 | 2:00 pm to 10:00 pm

It's been an amazing first year, and the TRN Grandview is celebrating with live music, food trucks, giveaways, competitions, and more!

The TRN
Anniversary
Party

Hope House 5k

May 4 | 9:00 am

Enjoy a fun-filled day with over 300

Hope



fast runners, speed walkers, parents pushing strollers, smiley children, exciting finishes, an epic Diaper Dash, live music and more!

House 5K

May the 4th Events



May 4

The force is strong in Arvada! Get ready for an out-of-this-world celebration! These three spots are using their force for fun, games, artisan goods and much more!

[Makers Market May the 4th Be With You at Odyssey Beerwerks](#)

[May the 4th Be With You at Talnua Distillery](#)

[May the 4th Be With You at Colorado Tap House](#)



Freedom Street Social Cinco de Mayo

May 4 | 5:00 pm to 11:00 pm

Head over to Freedom Street Social for a family-friendly celebration with live music, face painting, food and more!

Freedom
Street
Social
Cinco de
Mayo



LUKI's Cinco do Mayo Celebration

May 5 | 12:00 pm to 8:00 pm

Our fan-favorite Mexican lager returns triumphantly along with Lola's Kitchen, music and more!

LUKI Cinco
de Mayo

Rescue Puppy Yoga at Pet Wants

May 5 | 11:00 am to 12:00 pm

Get your Puppy Pose on! Afterward, stick

Rescue

around for the adoption event to meet your new best friend!

Puppy Yoga



Goat Yoga at LUKI



May 5 | 11:00 am to 12:00 pm
If puppies aren't your thing, get your Goat Yoga on at LUKI. Your ticket gets you a free drink afterward!

Goat Yoga at LUKI

Second Saturdays in Olde Town



May 11 | 5:00 pm to 10:00 pm
It's the return of Olde Town Arvada's Second Saturdays Summer Concert Series and Street Festival! Mark your calendars for four summer dates: May 11, June 8, July 13, and August 10.

Second Saturdays in Olde Town

Mother's Day Goat Yoga at The Community Farm



May 11 | 11:30 am to 12:30 pm
Need more goat yoga? Bring your mom and celebrate with an all-ability flow and goat snuggles!

Mother's Day Goat Yoga

Stamp Out Hunger Food Drive

May 11
The Largest One-Day Food Drive in the Nation Happens every year in May! Learn how you can volunteer and donate!

Stamp Out Hunger Food Drive



Mother's Day in Arvada



May 12

Don't miss your chance to celebrate Mom with brunch, shopping and more! We've gathered some great options for you to treat your mom in Arvada!

**Mother's
Day
Options**

Open House and Community Gathering at Nutrition Therapy Institute



May 17 | 4:00 pm to 7:00 pm

Enjoy some tasty treats, mingle with Nutrition Therapists, community businesses, and other health practitioners. Learn something new at small nutrition and cooking demonstrations throughout the evening, and win prizes from the raffle!

**Holistic
Open
House**

Ninja Nation Course Challenge



May 18 | 8:30 am to 2:30 pm

Challenge your skills on the fantastic obstacle course set up by Ninja Nation. Sign up for your age group and have unlimited runs during your time block. Spots are limited, so register soon.

**Ninja Nation
Course
Challenge**

Spring Maker's Market at Talnua Distillery

May 19 | 1:00 pm to 6:00 pm

Enjoy local artisans with handmade

**Spring
Maker's
Market**

jewelry, pottery, fine art, and food from Lady in the Wild Food Truck.



This is a 21+ Event



8th Annual Memorial Day Pickleball Tournament

May 25-26 | 8:30 am
Support the Apex Park and Recreation District's Quality Community Recreation. Registration Deadline: May 17, 2024, so sign up soon!

Pickleball
Tournament



The Arvada Visitors Center is a non-profit 501(c)(3) organization that works to inspire travel to our community and provides key information to people considering a visit or relocation to Arvada.

They have proudly welcomed thousands of guests from around the world since their doors opened on 7305 Grandview Avenue in 2012.

An investment in visitors is an investment in the community. Visitors to Arvada generate sales tax revenue. One-quarter of the City's total revenue comes from sales tax dollars.

This revenue helps pay for police services, city parks, improvements to infrastructure, and many other services that benefit the entire Arvada community.

Arvada Visitors Center | 7305 Grandview Ave, Arvada, CO 80002

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